

The Resiliency Training Program™

A Training of Trainers with Nan Henderson, M.S.W.

April 15 & 16, 20123 Los Angeles, CA

OFFERING 12 C.E.U. credits for social workers and counselors



To prepare educators, social workers, counselors, and all helping professionals to teach others "How to Move from Risk to Resiliency"

- Two full days including practice, critique, activities, resource previews
- A 120-page Training Manual with presentation outlines; 20 Overhead Originals; Handout Originals to copy; & Resiliency Articles to copy use for training
- A computer disk with Overhead/Handout Originals & Power Point Presentation

Your trainer, **Nan Henderson, M.S.W.**, is the co-founder and president of Resiliency In Action, a publishing and training company in Southern California. Her publications on resiliency and wellness, positive youth development, and school and organizational change are used in more than 25 countries and have been translated into Spanish and Russian. She has provided training in 45 U.S. states and several foreign countries over the past 14 years for a wide variety of audiences and organizations, including Big Brothers/Big Sisters, Upward Bound, Americorps, State Departments of Education in California, Vermont, Colorado, Texas, New Hampshire, Pennsylvania (where her model is being used in schools statewide), and the U.S. Military, as well as national conferences in New Zealand and Australia. She has served on the faculty of five colleges/universities; worked as a clinical therapist with youth, adults, and families; and directed citywide and statewide programs. She is the author of five books on resiliency, numerous articles, and an on-line newsletter distributed worldwide. She has also been featured as a "resiliency expert" on National Public Radio.

Training Content

1. The research on resiliency:
Where does it come from?
How does resiliency happen?
2. Practical, specific ways to help children, youth, families and organizations overcome all adversities
3. The NEW research connecting resiliency to academic achievement!
4. How to effectively identify and teach resiliency
5. Successful resiliency-building programs in schools, communities & organizations
6. How resiliency helps solve staff/resource shortage issues

Comments about this training

"[This] program needs to be provided to all levels of Military structure. It is what the military needs to support soldiers, sailors, marines, and their families."

– Kent S. Muliken (RET) Army Colonel, CEO of Management Training and Consultants, Inc., Dumfries, VA

"I came anticipating increasing my effectiveness as a professional and left more effective as a human being."

-- Xenia Becher, Central NY Council on Adolescent Pregnancy Prevention

"Fabulous..." – Will Bartlett, School Counselor, Auburn, ME

"Weeks later, people are still talking about it!"

– Sue Mahoney, VT Dept. of Education

"[Your trainings] should be packed. Teachers-- and all educators—should come by the busloads...to learn what to do for everything that ails our kids."

Laurel Schmidt, Director of Pupil Services, Santa Monica, CA schools

"United people in our state in a way that has never happened before."

– Mary VanderWall, CO Dept. of Education

"Brilliant...in all definitions of the word."

– Marcia Heinrichs, Middle School Prevention Specialist, San Diego, CA

If you need tools and materials, this training will do it!" –Jobbethem Tahpary, Upward Bound Director, University of San Diego

"It will change your perspective on life!"

– Arlene McGill, M.D., Jamaica Dept. of Health

"The best training I have ever attended."

--Christine Fix, AIDS Prevention, New York State

"The most positive, practical trainings I have attended in 24 years of professional practice."

-- Mark Beseinger, LCSW, Harrisburg, PA

The Resiliency Training Program

offers 12 units of CEUs for MFT counselors and social workers!

This training can also come to you...

Organizations that have contracted this training include:

Colorado Dept. of Education	OCM Boces, Syracuse, NY	Parkway School District (St. Louis, MO)
Tucson, AZ Community Action Task Force	Vermont Dept. of Education	Cherry Creek School District (Denver, CO)
State of Texas Safe and Drug-Free Schools Initiative		Nebraska Association of Prevention Professionals
Suffolk Coalition (Long Island, NY)	Ohio Network for Training and Assistance for Schools and Communities	
New Zealand National Federation of Children's Health Camps	Calgary (Canada) Regional Educational Consortium	
Vance Air Force Base	Plano School District (Dallas, TX)	Iowa Department of Education

OTHER PRESENTATIONS/TRAININGS/CONSULTATION AVAILABLE

From Nan Henderson, M.S.W. (800-440-5171 or e-mail: nhenderson@resiliency.com)

Four Steps to Resiliency: How to Help Anyone—including Yourself—Bounce Back from Adversity
 How Families, Schools, and Communities CAN Build "Bounce-Back" Kids
 Resiliency in Schools: Making It Happen for Students and Educators
 The New Research-Based Resiliency Connection to Academic Achievement & Authentic Self-Esteem

TRAINING REGISTRATION INFORMATION

Tuition

Resiliency Training Program: \$495 for individuals; Groups of three or more received in same envelope, \$460 per person.

EARLY REGISTRATION ADVISED...SPACE IS LIMITED:

*** Receive \$100 OFF if registration is received with payment before March 15, 2013 ***

Training Location

The training will be held at Loyola Marymount University in the Marina del Rey area of Los Angeles. This is a beautiful hilltop campus just a mile north of LAX with a view of the Bay, excellent food, and a lovely outdoor eating area and very near sunny beaches!

Accommodations and Meals

Dozens of hotels are located at LAX, within 1 – 3 miles of the training location. Go on-line to Travelocity.com or Expedia.com and search for the best deals at LAX hotels for these dates. Past participants have stayed at the Custom Hotel (budget; walking distance), the LAX Radisson (mid-price), and the Marina del Rey Courtyard by Marriott (most expensive).

Materials are included. Lunch is on your own. 12 CEUs are available.

CLASS MEETS April 15 from 9 A.M. – 4:30 P.M. & April 16 from 8:30 A.M. – 4:00 P.M.

----- **REGISTER TODAY (space is limited)** -----

Fax this form to: (805) 805-688-8208 or **For more information, e-mail**

nhenderson@resiliency.com

Mail this form to: Resiliency In Action, P.O. Box 1242 or call **(800) 440-5171**
Solvang, CA 93464

(Please copy this form and fill it out for each person attending the training)

NAME _____ TITLE _____
 PHONE _____
 ORGANIZATION _____ E-MAIL _____
 ADDRESS _____ (City) _____ (State) _____ (Zip) _____

I AM REGISTERING FOR THE RESILIENCY TRAINING PROGRAM TRAINING OF TRAINERS AS

- An individual
- A group member (two other registrations are included with mine)

Payment is due before or at the time of the training

[Tuition is refundable up to 10 days before the training, less a \$50 processing fee. No refunds thereafter; however, tuition may be transferred.]

A ___ Check ___ P.O. is enclosed for _____ (payable to Resiliency In Action)
 Charge my ___ MasterCard ___ Visa : Number _____ expires _____
 Signature _____
 Billing Address for card: (Street or P.O. Box) _____
 (City) _____ (State) _____ (Zip) _____

This training is sponsored by *Resiliency In Action*...for additional resources go to www.resiliency.com