

# Resiliency In Action: How Schools, Families & Communities Create "Bounce Back" Kids

Nan Henderson, M.S.W.

January 4, 2010 Colorado Springs, CO  
(6 hours of C.E.U.s are available for counselors and social workers)



Nan Henderson, M.S.W...

## You will learn about...

### The research foundation of resiliency...

Where does it come from & how does it happen?  
How can all kids be more resilient?

### How it is the FOUNDATION of academic success?

### Applying the research to those you care about by...

Increasing Personal & Environmental Resiliency Builders  
Creating resiliency-building programs  
Identifying & growing Resiliency  
Using the "Resiliency Wheel" & "Resiliency Quiz"

### The "Four Most Important Steps to Fostering Resiliency" (for anyone)

### The power of ONE person to change the course of a young person's life

...is president of Resiliency In Action, a publishing and training company in Southern California. Her publications are used in more than 25 countries and have been translated into Spanish and Russian.

She has provided training in 44 states and several foreign countries over the past 18 years for a wide variety of audiences and organizations, including Big Brothers/Big Sisters, Upward Bound, Americorps, State Departments of Education in CA, VT, CO, PA, ME, TX, and NH, the Ministry of Education in New Zealand, and several Canadian school districts and organizations.

The Pennsylvania Dept. of Education is actively promoting the adoption of Ms. Henderson's model in every school in that state, and she has been involved in a major resiliency initiative in New York City Schools.

She is the author/editor of five books on resiliency, many articles, and an on-line newsletter distributed worldwide. She has also been a "resiliency expert" on N.P.R.

## A Sample of comments about this training...

"Weeks later, people are still talking about it!" – Sue Mahoney, VT Dept. of Education

"The most positive, practical training I have ever attended." –Mark Beseinger, LCSW, PA

"All educators should come by the busloads to learn what to do for everything that ails our kids."  
–Laurel Schmidt, Director of Pupil Services, CA

## REGISTER TODAY (space is limited)

Fax this form to (805) 969-0460 or  
Mail this form to: Resiliency In Action, P.O. Box 1433, Ojai, CA 93024

For more information call (800) 440-5171 or  
e-mail: [nhenderson@resiliency.com](mailto:nhenderson@resiliency.com)

NAME \_\_\_\_\_ TITLE \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ (street) \_\_\_\_\_ city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip code)  
E-MAIL ADDRESS \_\_\_\_\_

### ***TUITION IS \$95 DUE BEFORE OR AT THE TIME OF THE TRAINING***

(Tuition is refundable 10 days before training; No refunds thereafter, however, tuition can be transferred)

\_\_\_\_ Check is enclosed for \$95 PAYABLE TO RESILIENCY IN ACTION for the January 4, 2010 Resiliency Training

\_\_\_\_ Charge my \_\_\_\_\_ MasterCard \_\_\_\_\_ Visa: Number \_\_\_\_\_ expires \_\_\_\_\_

Billing Address for card: (Street or P.O. Box) \_\_\_\_\_  
(City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_

**TRAINING TIME: 8:30 A.M - 3:30 P.M. (lunch is on your own) LOCATION: PIKES PEAK BOCES, 4825 LORNA PL, COLORADO SPRINGS**